

### DELHI PUBLIC SCHOOL, SAHIBABAD

# AVIRAL

THE NEWSLETTER
APR-MAY-JUNE BULLETIN 2023-24





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#### **APR-MAY-JUNE BULLETIN**



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# Message from the Principal



Dear Parents, Guardians, and Students.

Greetings to all of you!

As we begin yet another academic year, I am pleased to share with you the remarkable journey we have undertaken together over the past few months. The months of April to June has been filled with enriching experiences, events, and celebrations that have brought our school community closer and have contributed to the holistic development of our students.

The start of the new academic year has brought with it a sense of hope and enthusiasm, and I am confident that this spirit will drive us forward in achieving our goals.

Firstly, I want to extend my heartfelt appreciation to the students and staff for their hard work and dedication during the past academic year. Despite the challenges we faced, your resilience and adaptability were commendable, and we successfully navigated through unprecedented times.

Our mornings have become more meaningful with the introduction of "Thoughtful Mornings." This initiative encourages students to start their day with positive affirmations, mindfulness exercises, and thought-provoking quotes. We believe that fostering a positive mindset at the beginning of each day lays the foundation for successful learning and personal growth.

To enhance the overall skills and well-being of our students, we organized various workshops and a health camp during this period. These workshops covered diverse subjects, such as effective study techniques, stress management, and career guidance. The health camp aimed to promote good health practices and raise awareness about maintaining a halanced lifestyle.

Throughout these months, we celebrated several important festivals that reflect the cultural diversity of our school community. These festivities brought joy and unity among students, teachers, and parents. Our school continues to cherish and celebrate the rich tapestry of cultural traditions that each of our students brings to the fore.

To nurture healthy competition and team spirit, our students actively participated in the Interhouse Competitions. The diverse range of activities allowed them to showcase their talents, foster leadership qualities, and develop camaraderie among their housemates. It was inspiring to witness the zeal and enthusiasm displayed by our students during these events.

As advocates of holistic development, we celebrated International Yoga Day with great enthusiasm. Yoga is a powerful tool that empowers individuals to find balance in their physical, mental, and spiritual well-being. We believe that incorporating yoga into our daily lives helps us stay centered and fosters a harmonious environment within the school.

The diverse activities and learning experiences will enable the children to be mentally, physically, emotionally and morally strong. They will help them be more confident and responsible individuals.

As we step into the month of July, we are focusing on fostering a culture of continuous learning and personal growth. Our educators have prepared innovative teaching methodologies and exciting workshops that will spark curiosity and encourage exploration.

Additionally, we are thrilled to announce the expansion of our extracurricular activities. From sports to arts and community service initiatives, there is something for every student to engage in and develop their unique talents.

As we progress into July, I encourage everyone to maintain an open line of communication. We value your feedback and suggestions, as they help us enhance the learning experience and make our school an even better place to grow and excel.

Lastly, I want to remind everyone of the importance of taking care of our physical and mental well-being. Let us support one another and create a nurturing environment where everyone feels empowered and valued.

Thank you for being part of our school community, and together, let's make this month one of learning, growth, and positive energy.

Wishing you all a rejuvenating and a fulfilling year ahead! Warm Regards, Bhawna Khanna Principal

### **OUR LEARNING ENGAGEMENT**



#### **SENIOR WING LAB ACTIVITIES**

Students of Class- 12th performing their Practical (Experiments) in Chemistry Laboratory, DPS Sahibabad, as a part of their Curriculum.















### THOUGHTFUL MORNINGS!







### **ASSEMBLY ON SDG GOALS**







On April 25, 2023, students of class IX performed a mime Act on Solar Energy, which is part of the 7th goal," "affordable and clean energy, also known as (clean and green energy), one of the 17 Sustainable Development Goals.

Students spread awareness about the productive use of environmental resources that are both renewable and non-renewable energy sources, i.e., solar, wind, hydropower, geothermal, biofuels, natural gas, coal, petroleum, and uranium.

Also, they pledged to make maximum use of clean and green energy in their environment.

The assembly ended with a thought."

The future of our next generation and the planet is in our hands. That's why the use of clean and green energy matters the most to saving the planet.



## FAREWELL FIESTA 2022-28



## A HAPPY DAY @ FAREWELL PARTY

"DAYS ARE NOT LOST WHEN MEMORIES ARE CREATED"

THE DIPSITES OF DELHI PUBLIC SCHOOL SAHIBABAD BID A HEART-WARMING ADIEU TO THE GRADUATING BATCH OF CLASS XII (2022-23) ON 4TH MAY 2023 AT THEIR GRAND FAREWELL CEREMONY. THE CEREMONY COMMENCED WITH AN INVOCATION TO LORD GANESHA- WITH LAMP LIGHTING WHICH WAS THEN FOLLOWED BY AN ARRAY OF PERFORMANCES IN ORDER TO EXPRESS DEEP LOVE AND GRATITUDE TOWARDS THE OUTGOING BATCH.















#### Workshop on Ayushman Bharat Yojana

DPS Sahibabad organized a workshop for students of classes 6 to 8 on Ayushman Bharat Yojna to make students aware about this government health insurance scheme so that they can help economically backward people around them and guide them to avail this facility. Ayushman Bharat is an umbrella health scheme that has two sub-components: Pradhan Mantri Jan Arogya Yojana (PM-JAY) and Health and Wellness Centres (HWCs). It provides health insurance to eligible beneficiaries and also primary health care to people. Workshop was taken by Ms Neha Sharma (Science Teacher). Information about types of medicine and different system of medicine like Unani, Siddha, Homeopathy, Ayurveda, Yoga and Naturopathy was also given during the workshop. It was an interactive workshop where students enjoyed and participated equally to know new things about the Indian Healthcare system.



# WORKSHOP ON FIRST AID



Workshop on First Aid organised in DPS Sahibabad

Knowledge of First Aid is essential in the fight against any crisis and saving lives. Students of Grades 6,7 and 8 were apprised with the basic First Aid training strategies in an informative workshop on First Aid by Ms.Arshi and Ms.Shikha. They shared necessary steps to be taken to treat patients in emergency situations, minor injuries, burns and during other critical situations.

The message was apt, 'Avoid the crisis with the basic precaution'







#### **WORKSHOP ON CAREER COUNSELLING**

Career counselling workshop was conducted for the students of classes XI & XII which was facilitated by Mr. Milan Preet Singh in the school auditorium. Mr. Milan Preet Singh is the chief mentor in IMS Delhi. The aim of the session was to understand the format and requirements of CUET and what all options available after XII – commerce/arts namely BBA, IIM-IPM, Law, Hotel Mgt, Mass Comm, BCA etc. Students were made aware of the different options in profession and courses they could pursue. Queries raised by the students were addressed by the IMS Career counselling team. The entire session was immensely enriching and interesting.







## HEALTH CAMP @ SCHOOL











AS WE KNOW "HEALTH IS A COMPLETE HARMONY OF BODY SPIRIT AND MIND". WE @ DPS SAHIBABAD ORGANISED AM AWARENESS CAMP ON DENTAL AND BODY POSTURE CHECKUP TO EDUCATE OUR STUDENTS AND TEACHERS REGARDING THE HEALTHY LIFESTYLE.















## **OUR PRIMARY WING**

### **EARTH DAY ACTIVITIES**





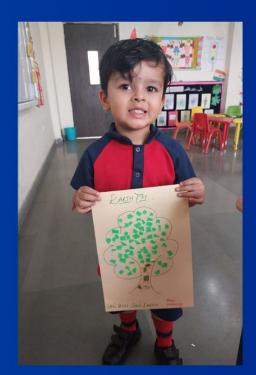














### **OUR MIDDLE WING**

## **EARTH DAY ACTIVITIES**



















#### **OUR SECONDARY & SR SECONDARY WING**

DPS Sahibabad witnessed the "EARTH DAY" celebration for students of Grade 2 to 12.

In order to raise awareness about the protection of Earth and conservation of resources, and to respect the environment, DPS Sahibabad organized an Earth Day event for children from classes II to XII on Monday, April 24th, 2023.



















#### CELEBRATING WORLD ATHLETICS DAY











### **EID CELEBRATION**





Eid, the festival that upholds the spirit of brotherhood, love and secularism, was celebrated with great enthusiasm by the students of Grade 4. The special assembly was organized on this occasion. The celebration was an earnest attempt to imbibe in our learners the concept of unity in diversity.

# OUR OYLMPIAD WINNERS













#### Inter-House Extempore Competition (II-XII)



















Extempore is one such method which assists the students not only in thinking on their own but also in voicing their creative ideas with precision. DPS Sahibabad always thrives to cater to the all-round development of their students. The main focus of the school has always been on improving the Soft Skills amongst the students. With this intention in mind an Inter House Extempore Competition was held for the students of Class 2-12.

#### **INTER-HOUSE IT QUIZZOMANIA (II-XII)**

National Technology Day is celebrated every year on May 11, today we @ DPS Sahibabad also inspire the next generation of technologists to continue pushing the boundaries of technology to make a positive impact on our society and the world.

A look at the quiz contest organized by DPSS for students from Grades II-XII in order to create more buzz among them about digital world around us.



#### THINK DIGITAL, BE DIGITAL..









### INTERNATIONAL YOGA DAY

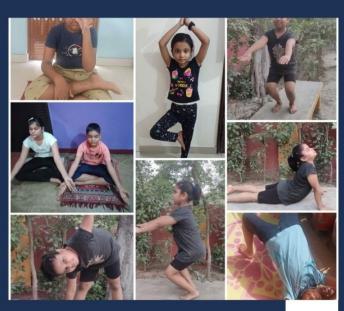
"YOGA IS THE ULTIMATE PRACTICE. IT SIMULTANEOUSLY STIMULATES OUR INNER LIGHT AND QUIETS OUR OVER- ACTIVE MINDS. IT IS BOTH ENERGY AND REST. YIN AND YANG. WE FEEL THE BURN AND FIND OUR BLISS"











# "YOGA IS A LIGHT, WHICH ONCE LIT WILL NEVER DIM. THE BETTER YOUR PRACTICE, THE BRIGHTER YOUR FLAME". — B.K.S IYENGAR



True yoga is not about the shape of your body, but the shape of your Life.





